

SCHOOL DRESS CODE

Mount Gravatt High has a Dress Code and Standard and students are expected to wear the full, correct school uniform with pride. This is supported and endorsed by the school's Parents & Citizens' Association. When wearing the uniform, students convey a strong message about themselves as well as the high standards set by our school community. Wearing the uniform helps to maintain a positive tone in the school community and ensures that the primary focus is learning. Students are to wear the school uniform to a high standard at all times.

The School's P&C Association maintains a small amount of spare uniform items to be given to students who require short term loans. This ensures the high standard is maintained at all times. The exception to this is when students present to school without the MGH white school socks. In this situation, students are directed to the Uniform Shop for a new pair of socks with an invoice to be sent home.

IT IS THEREFORE UNDERSTOOD THAT BY ENROLLING IN THE SCHOOL, PARENTS ACCEPT THE SCHOOL'S DRESS CODE.

FOR SPECIAL CULTURAL REQUIREMENTS, PLEASE SEE ADMINISTRATION.

The Uniform Shop is a business operated by our P&C and is the only supplier of uniforms. The range includes lower cost and non-gender specific items and the sourcing and sale of uniforms complies with all policy in this regard.

Item	Details	How / when worn
Formal Shirt	White with short sleeves. One pocket on left side with MGH embroidered in red.	It must be worn tucked into shorts or trousers. The collar must be turned down. Sleeves are not to be folded up. The top button is only done up when wearing a school tie.
Formal Shorts	Dark college grey belted longer length boys school shorts (near knee length) are worn with a black belt.	The length of the shorts is to the top of the knee. Shorts and trousers must be worn with the belt described below.
Belt	Approximately 30mm black leather belt with plain buckle.	Formal shorts and trousers must be worn with a belt. Only plain buckles are acceptable.
Senior Tie	Dark grey with a black, light grey and red stripe with gold embroidered school crest.	The tie is worn from the first week of March until the end of October. The top button of the formal shirt is to be done up. Tie knot is to be worn to the top button of the shirt.
Junior Socks	If shorts are worn, plain white MGH socks.	Plain white MGH socks are available at the school uniform shop. They are to be worn without being folded.
Senior Socks	Shorts require dark grey long socks with black and red bands.	Top of sock must be turned over appropriately and be worn just below the knee. Garters must be used if long socks are not self-supporting

BOYS' FORMAL UNIFORM

GIRLS' FORMAL UNIFORM

Item	Details	How / when worn
Junior Blouse	White with a red check. The blouse has	The blouse is worn so the cuff at the bottom of the blouse
	a pocket on the left side with MGH	is below the top of the skirt. Sleeves are not to be folded
	embroidered in red.	up.

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Senior Blouse	White with short sleeves. The blouse	The blouse is worn so the cuff at the bottom of the blouse
	has a pocket on the left side with MGH	is below the top of the skirt. Sleeves are not to be folded
	embroidered in red.	up.
Skirt	Charcoal grey skirt	To be worn below the knee. To be worn on the waist.
		Students are not to roll the skirt up at the waist.
Shorts	Dark college grey girls school shorts (near	The length of the shorts is to the top of the knee.
	knee length).	
Junior Tie	Red crossover tie	Worn buttoned under collar of blouse with school badge to
		be attached.
Senior Tie	Long dark grey tie with a black, light	Worn buttoned under collar of blouse.
	grey and red stripe with gold	
	embroidered crest.	
Socks	Plain white MGH socks	Plain white MGH socks are available at the school uniform
		shop. They are to be worn without being folded.
Stockings	Plain Black/Charcoal stockings	Optional all year for all girls and are not to be worn with
		the addition of socks or with the sport shorts. To always
		be in good condition. Not available for purchase at the
		Uniform Shop.
Hair Ribbon	The only acceptable hair adornments	Ribbon may be worn to adorn hair when hair is tied back
	are black, red or white ribbon/hair	from the face, for example, pony tail, or plaits.
	band.	
Muslim Formal	Plain white or black non-transparent	No ornamentation on head scarf.
Uniform	head scarf	Skirt may be worn to the ankles.
	MGH blouse with white undershirt or	Undershirt may be worn so the neckline is out of sight
	long-sleeved MGH blouse.	(long version of MGH blouse available from the Uniform
	Charcoal grey skirt	Shop)
	Plain white MGH socks	

UNIFORM COMMON TO ALL STUDENTS

Item	Details	How / when worn
Trousers	Dark college grey (boys wear with a black belt)	Trousers must be worn with the belt described below and with white MGH socks.
Belt	Approx 30mm black leather belt with plain buckle.	Formal shorts and trousers must be worn with a belt. Only plain buckles are acceptable.
Jumper	Red poly/cotton V-necked jumper with black MGH embroidered.	Students may wear the school jumper or jacket. Sleeves are to be worn at the wrists (not pushed up the arms). When worn with sports uniform, polo shirt is to be tucked so it cannot be seen.
Jacket	Black and red taslon jacket with black collar, zipped front embroidered with MGH.	Students may wear the school jumper or jacket. Sleeves are to be worn at the wrists (not pushed up the arms). When worn zipped up with sports uniform, polo shirt is to be tucked so it cannot be seen.
Track Pants	Plain black taslon.	Optional in Winter (June to August). Are to be free of logos and stripes.
Scarf	Red with embroidered MGH.	Optional in Winter (June to August). Must be the scarf purchased from the uniform shop.
Formal Hat	Formal hat – compulsory for all students	Hat to maintain its natural shape and worn with school crest at the front.
Hat	A plain black cap/bucket MGH hat.	Compulsory for HPE and for lunchtime play on the oval or basketball/netball courts. The badge is to be facing the middle of the student's front. The brim of the bucket hat is to be worn turned down.
Shoes	Plain black, leather, lace-up school style	See the last page of this document for details.

SPORTS UNIFORM COMMON TO ALL STUDENTS

The sports uniform is to be worn only for HPE periods and on sports days. Students are to change into their sports uniform before HPE or sport (i.e. after form if HPE in P1, morning recess or lunch hour) and must change back into school uniform at the next break. The sports uniform may be worn to and from school on **TUESDAYS** *only* for Years 7 – 9 and **WEDNESDAYS** *only* for Years 10 - 12.

Item	Details	How / when worn
Junior Polo Shirt	Red polo shirt with black and white side panels and ribbed collar printed with "Mount Gravatt High"	Shirt is not tucked in. Only the top button is undone.
Senior Polo Shirt	White polo shirt with black sleeves, two red stripes on right side front and back and ribbed collar printed with "Mount Gravatt High"	Shirt is not tucked in. Only the top button is undone.
Shorts	Black longer length shorts with MGH embroidered in red on leg	To be worn at a length that finishes at the top of the knee. Do not wear sports skins under your sports shorts.
Socks	Plain white MGH sports socks	Plain white MGH sports socks are available at the school uniform shop. They are to be worn without being folded.
Hat/Cap	A plain black cap/bucket hat is compulsory for HPE for all students and for lunchtime play on the oval or basketball/netball courts.	The badge is to be facing the middle of the student's front. The brim of the bucket hat is to be worn turned down.
Shoes	See the last page of this document for details	Laces are to be tied tightly with a bow at the top. The backs must always be firm to support the heel. Shoes must be in good order. Sport specific shoes may be changed into once at the venue.
Swimming	Suitable one-piece swimmers for school swimming carnival	To be worn modestly. Sun shirt advisable.

N.B. For Physical Education and Recreation, this complete Sports Uniform is compulsory - other clothes are NOT acceptable.

SPORTS UNIFORM VARIATIONS

Some Muslim students choose to wear a slightly different uniform. The only variations are:

Girls	Junior polo with a black undershirt or senior polo with white undershirt.
Boys and girls	Plain black taslon track pants



OTHER UNIFORM REQUIREMENTS

Item	Details	How / when worn
Jewellery	A watch or fitness monitor is	Must be plain.
	acceptable. One plain ring may be worn.	Must be simple and plain. Those below are acceptable styles.
	Two small plain round silver or gold studs or sleepers in ears are acceptable.	Must be plain, simple and small.
	No other jewellery (unless worn for me plastic, not metal.	Students may not wear additional clear plastic earrings. dical reasons) is acceptable. Any facial piercing must be clear
Hair	Hair needs to be neat and tidy. Students should think carefully prior to making any radical change to an already acceptable hairstyle.	The P&C has confirmed that the Principal will make the final decision to determine if the hair style is acceptable. Undertaking a neat and tidy hairstyle will ensure compliance with the high standards of dress and appearance in place at Mount Gravatt High School and thereby help to maintain a positive tone in the school community and ensure that our primary focus will be centred on learning.
	Hair styles that would not be considered neat and tidy.	 The hair styles not considered to be neat and tidy include, but are not limited to: Awkwardly contrasting lengths (eg longer hair on top that is not blended with shorter hair on the sides) Shorter hair on top that is not blended with longer hair at the back Long hair that is unkempt and hangs across the face Visible under-cuts where long hair overlays short hair Severe styles that include: rat's tail, tracks, zero blade crew cuts etc unnatural hair colours or awkwardly contrasting colours.
	Hair that is long in front (e.g. hair falling over or across the student's eyes), is to be pinned or tied back.	This ensures the hair remains tidy and sits off the student's face. Where the pinned or tied does not keep the hair off their face, students will be expected to place their hair into ponytails.
Facial Hair	Facial hair must be kept neat and tidy at all times.	Beards, moustaches and goatees need to be well groomed and kept closely trimmed.
Make-up, false eyelashes and extensions, nail polish and nail decorations	All make-up products, including false eyelashes and extensions, nail polish and nail decorations are not permitted.	Make-up is only appropriate for students when participating in performance programs such as the Elite Dance Troupe.
Tattoos	Visible tattoos are not permitted.	Students with an existing tattoo must have it covered at school and when wearing school uniform
Undershirts	Students may not wear a visible undershirt underneath their school uniform.	Students may wear singlets underneath their shirt/blouse but it is to be V-necked so it is not visible Otherwise, when students need clothing to keep them warm students may wear the jumper or jacket.

SHOES

Formal Shoes should be **plain black**, leather (not suede), lace-up **school style shoes**. They are to be sturdy shoes with a distinct and substantial heel. No mesh or fabric inserts or inlays are allowed. Care and caution is required to avoid disappointment and unnecessary expense. **These are acceptable styles**:



Sport Shoes are to be sturdy, plain black leather (not suede), lace-up joggers. These are acceptable styles:





The following styles are examples of black, leather, lace-up shoes that are NOT school shoes and are NOT permitted. This is not an exhaustive list:



All "skate shoe" style shoes are \underline{NOT} acceptable. Skate shoes are those shoes with flat soles.

The need for a sturdy shoe for workplace safety has prompted this clarifying document.

N.B. ALL ITEMS OF CLOTHING MUST BE CLEARLY NAMED

Decisions regarding any of the uniform policy remain with the PRINCIPAL, in consultation with the P & C Executive.

HAT & SUN SAFETY POLICY

Year-round sun protection is important for all children and young people in Queensland as research demonstrates that high ultraviolet radiation (UVR) exposure in childhood and adolescence significantly increases the risk of developing skin cancer.

Our school aims to educate our students about being sun safe in order to develop important, life-long, healthy habits, and acknowledges the important role adults play during and outside school hours to reinforce sun safety with children and young people.

In implementing this policy, our school and community recognise that:

- the policy applies to all school and school-related activities and events;
- the strategies are to be implemented during the whole school day and year-round; and
- a combination of sun safe strategies is more effective than a single approach.

ELEMENT	STRATEGIES
Clothing requirements	Students are required to wear protective clothing, including the Mount Gravatt High formal hat and sports cap, when outdoors during the school day and during school-related activities (for example, excursions/camps) to reduce students' exposure to the sun, including the following strategies: Hats:
	 All students at are expected to own both a formal hat and sports cap or bucket hat as per the Mt Gravatt Uniform Policy.
	• Formal hats are to be worn with the formal uniform and Sport or bucket hats are to be worn with the sports uniform. With the exception of lunch time play on the oval or courts where the expectation is that students wear one of the hat options.
	 Student: Students are expected to have their formal hat at school each day. The exception to this is sport days. Tuesday for Year 7 – 9 and Wednesday Year 10 – 12 as well as carnival days when students are expected to have their sports hat.
	• Students are encouraged to wear the appropriate hat to and from school on a daily basis to reduce sun exposure.
	• Whilst on school grounds students are expected to wear the appropriate hat when:
	- Moving around between classes and at lunchtimes between areas.
	- Whilst on the oval, basketball/netball and volleyball courts.
	- Whilst sitting in an area that does not have complete cover from sun exposure. For example, under a tree, shade shelters etc where sun exposure is still possible.
	Hats are not expected to be worn when:
	Students are sitting under a man-made shelter that completely protects them from the sun. For example, building awnings and verandas.
	Playing organised sport when a hat reduces visibility or interferes with activity skills and therefore poses a risk to students' safety; or when wearing a hat is not possible because other headwear is required to be worn for safety reasons. Under these circumstances, students may remove their hats for the duration of the activity, ensuring they have applied sunscreen to uncovered skin (ideally 20 minutes) prior to participating.

ELEMENT	STRATEGIES
	 Swim shirts Students are required to wear swim shirts/rash vests during all water-based activities occurring at outdoor venues, except during their race/s at competitions and carnivals.
Shade provision and use	 Our school maximises the use of available shade for outdoor activities: Sport and physical activities are rotated during the year between the Hall, Courts and the oval. Temporary shade structures are used as necessary for outdoor events, for example, Athletics Carnival, Cross Country Carnival, Swimming Carnival.
Education	 Our school provides educational programs on sun safety and preventative measures through the following strategies: Curriculum, teaching and learning Sun safety is formally taught as part of the implementation of the Australian Curriculum through Health and Physical Education Staff include the risk of exposure to UVR in their curriculum activity risk assessments for outdoor activities, which includes ensuring that adequate shade is available for outdoor activities where possible, for example, using temporary shade structures.
	 Incidental teaching and promoting sun safe behaviours Incidental teaching of personal sun safety strategies occurs in all year levels as part of the school routine on a regular basis, for example, through reminders to students to wear hats and apply sunscreen. Staff professional development Staff are informed about the school's sun safety policy and its requirements on induction.
Sunscreen provision	 Our school recognises the importance of sunscreen use as a sun safe measure and implements the following strategies: The school supplies SPF 30 or higher broad-spectrum, water-resistant sunscreen for student use. Parents/carers are encouraged through social media and newsletter items to have their children apply sunscreen before school. Parents/carers are encouraged to provide sunscreen for their child if they don't wish their child to use the school's sunscreen.
Modelling sun safe behaviours	 Our school promotes the importance of parents/carers, teachers, ancillary staff, volunteers and other adult supervisors as role models for students using the following strategies: Staff and P&C members are encouraged to consider the use of shade, sun safe hats and clothing, sunglasses and sunscreen when doing their duties, running outside activities, and when on excursions/camps. Parents/carers are encouraged to have their children apply sunscreen before they come to school and provide personal sunscreen for their children to use at school.
Cost considerations	 The department provides funding for sun safety using the following strategies: School funding is allocated annually to enable the purchase of sunscreen for each class for the whole school year.

ELEMENT	STRATEGIES
	Costs for sunscreen will be recovered in line with the <u>Requests for Voluntary</u> <u>Financial Contributions procedure</u> .
Additional strategies	Other strategies our school uses to be sun safe include:Sunscreen stations are set up at sports days and swimming carnivals.