



MOUNT GRAVATT HIGH SCHOOL

DRESS CODE

UNIFORM

BOYS' FORMAL UNIFORM

| <i>Item</i> | <i>Details</i> | <i>How / when worn</i> |
|----------------------|---|--|
| Formal Shirt | White with short sleeves. One pocket on left side with MGH embroidered in red. | It must be worn tucked into shorts or trousers. The collar must be turned down. Sleeves are not to be folded up. The top button is only done up when wearing a school tie. |
| Formal Shorts | Dark college grey belted longer length school shorts (near knee length) are worn with a black belt. | The length of the shorts is to the top of the knee. Shorts and trousers must be worn with the belt described below. |
| Belt | Approximately 30mm black leather belt with plain buckle. | Formal shorts and trousers must be worn with a belt. Only plain buckles are acceptable. |
| Senior Tie | Dark grey with a black, light grey and red stripe with gold embroidered school crest. | The tie is worn from the first week of March until the end of October. The top button of the formal shirt is to be done up. Tie knot is to be worn to the top button of the shirt. |
| Junior Socks | If shorts are worn, plain white MGH socks. | Plain white MGH socks are available at the school uniform shop. They are to be worn without being folded. |
| Senior Socks | Shorts require dark grey long socks with black and red bands. | Top of sock must be turned over appropriately and be worn just below the knee. Garters must be used if long socks are not self-supporting. |

GIRLS' FORMAL UNIFORM

| <i>Item</i> | <i>Details</i> | <i>How / when worn</i> |
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| Junior Blouse | White with a red check. The blouse has a pocket on the left side with MGH embroidered in red. | The blouse is worn so the cuff at the bottom of the blouse is below the top of the skirt. Sleeves are not to be folded up. |
| Senior Blouse | White with short sleeves. The blouse has a pocket on the left side with MGH embroidered in red. | The blouse is worn so the cuff at the bottom of the blouse is below the top of the skirt. Sleeves are not to be folded up. |
| Skirt | Charcoal grey skirt | To be worn below the knee. To be worn on the waist. Students are not to roll the skirt up at the waist. |
| Shorts | Dark college grey girls school shorts (near knee length). | The length of the shorts is to the top of the knee. |
| Junior Tie | Red crossover tie | Worn buttoned under collar of blouse with school badge to be attached. |
| Senior Tie | Long dark grey tie with a black, light grey and red stripe with gold embroidered crest. | Worn buttoned under collar of blouse. |

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| Socks | Plain white MGH socks | Plain white MGH socks are available at the school uniform shop. They are to be worn without being folded. |
| Stockings | Plain Black/Charcoal stockings | Optional all year for all girls and are not to be worn with the addition of socks or with the sport shorts. To always be in good condition. <i>Not available for purchase at the Uniform Shop.</i> |
| Hair Ribbon | The only acceptable hair adornments are black, red or white ribbon/hair band. | Ribbon may be worn to adorn hair when hair is tied back from the face, for example, pony tail, or plaits. |
| Muslim Formal Uniform | Plain white non-transparent head scarf MGH blouse with white undershirt or long-sleeved MGH blouse. Charcoal grey skirt Plain white MGH socks | Plain white head scarf. No ornamentation on head scarf. May be worn to the ankles. May be worn so the top is out of sight (long version available from the Uniform Shop) |

UNIFORM COMMON TO ALL STUDENTS

| Item | Details | How / when worn |
|--------------------|--|--|
| Trousers | Dark college grey (boys wear with a black belt) | Trousers must be worn with the belt described below and with white MGH socks. |
| Belt | Approx. 30mm black leather belt with plain buckle | Formal shorts and trousers must be worn with a belt. Only plain buckles are acceptable. |
| Jumper | Red poly/cotton V-necked jumper with black MGH embroidered | Students may wear the school jumper or jacket. Sleeves are to be worn at the wrists (not pushed up the arms). When worn with sports uniform, polo shirt is to be tucked so it cannot be seen. |
| Jacket | Black and red taslon jacket with black collar, zipped front embroidered with MGH | Students may wear the school jumper or jacket. Sleeves are to be worn at the wrists (not pushed up the arms). When worn zipped up with sports uniform, polo shirt to be tucked in so not to be seen. |
| Track Pants | Plain black taslon | Optional in Winter (June to August). Are to be free of logos and stripes. <i>Not available for purchase at the Uniform Shop.</i> |
| Scarf | Red with embroidered MGH | Optional in Winter (June to August). Must be the scarf purchased from the Uniform Shop. |
| Formal Hat | Formal hat – compulsory for all students | Hat to maintain its natural shape and worn with school crest at the front. |
| Hat | A plain black cap/bucket MGH hat | Compulsory for HPE and for lunchtime play on the oval or basketball/netball courts. The badge is to be facing the middle of the student's front. The brim of the bucket hat is to be worn turned down. |
| Shoes | Plain black, leather, lace-up school style shoes | Laces are to be tied tightly with a bow at the top. The backs must always be firm to support the heel. Shoes must be in good order. |

SPORTS UNIFORM COMMON TO ALL STUDENTS

The sports uniform is to be worn only for HPE periods and on sports days. Students are to change into their sports uniform before HPE or sport (i.e. after form if HPE in P1, morning recess or lunch hour) and must change back into school uniform at the next break. The sports uniform may be worn to and from school on **TUESDAYS** only for Years 7 – 9 and **WEDNESDAYS** only for Years 10 - 12.

N.B. For Physical Education and Recreation, this complete Sports Uniform is compulsory - other clothes are NOT acceptable.

| Item | <i>Details</i> | <i>How / when worn</i> |
|--------------------------|---|---|
| Junior Polo Shirt | Red polo shirt with black and white side panels and ribbed collar printed with "Mount Gravatt High" | Shirt is not tucked in. Only the top button is undone. |
| Senior Polo Shirt | White polo shirt with black sleeves, two red stripes on right side front and back and ribbed collar printed with "Mount Gravatt High" | Shirt is not tucked in. Only the top button is undone. |
| Shorts | Black longer length shorts with MGH embroidered in red on leg | To be worn at a length that finishes at the top of the knee. Do not wear sports skins under your sports shorts. |
| Socks | Plain white MGH sports socks | Plain white MGH sports socks are available at the school uniform shop. They are to be worn without being folded. |
| Hat/Cap | A plain black cap/bucket hat is compulsory for HPE for all students and for lunchtime play on the oval or basketball/netball courts | The badge is to be facing the middle of the student's front. The brim of the bucket hat is to be worn turned down. |
| Shoes | Plain black, leather, lace-up school style shoes | Laces are to be tied tightly with a bow at the top. The backs must always be firm to support the heel. Shoes must be in good order. Sport specific shoes may be changed into once at the venue. |
| Swimming | Suitable one-piece swimmers for school swimming carnival | To be worn modestly. Sun shirt advisable. |

SPORTS UNIFORM VARIATIONS

Some Muslim students choose to wear a slightly different uniform. The only variations are:

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| Girls | Junior polo with a black undershirt or senior polo with white undershirt. Black hijab to be worn with sports uniform only. |
| Boys and girls | Plain black taslon track pants |

SHOES

Formal Shoes should be **plain black**, leather (not suede), lace-up **school style shoes**. They are to be sturdy shoes with a distinct and substantial heel. No mesh or fabric inserts or inlays are allowed. Care and caution is required to avoid disappointment and unnecessary expense.

These are acceptable styles:

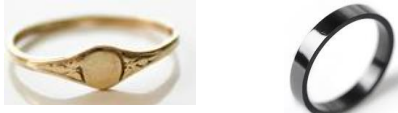



Sport Shoes are to be sturdy, plain black leather (not suede), lace-up joggers.

These are acceptable styles:



OTHER UNIFORM REQUIREMENTS

| Item | Details | How / when worn |
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| Jewellery | A watch or fitness monitor is acceptable. | Must be plain. |
| | One plain ring may be worn. | Must be simple and plain. Those below are acceptable  |
| | Two small plain round silver or gold studs or sleepers in ears are acceptable. | Must be plain, simple and small.  Diamond-look and pearl-look earrings are not acceptable. Students may not wear additional clear plastic earrings. |
| | No other jewellery (unless worn for medical reasons) is acceptable. Any facial piercing must be clear, not metal. | |
| Hair | Hair needs to be neat and tidy. | The P&C has confirmed that the Principal will make the final decision to determine if the hair style is acceptable. Undertaking a neat and tidy hairstyle will ensure compliance with the high |

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| | Students should think carefully prior to making any radical change to an already acceptable hairstyle. | standards of dress and appearance in place at Mount Gravatt High School and thereby help to maintain a positive tone in the school community and ensure that our primary focus will be centred on learning. |
| | Hair styles that would not be considered neat and tidy. | The hair styles not considered to be neat and tidy include, but are not limited to: <ul style="list-style-type: none"> ○ Awkwardly contrasting lengths (e.g. longer hair on top that is not blended with shorter hair on the sides) ○ Shorter hair on top that is not blended with longer hair at the back ○ Long hair that is unkempt and hangs across the face ○ Visible under-cuts where long hair overlays short hair ○ Severe styles that include: rat's tail, tracks, zero blade crew cuts etc ○ unnatural hair colours or awkwardly contrasting colours. |
| | Hair that is long in front (e.g. hair falling over or across the student's eyes), is to be pinned or tied back. | This ensures the hair remains tidy and sits off the student's face. Where the pinned or tied does not keep the hair off their face, students will be expected to place their hair into pony tails. |
| Facial Hair | Facial hair must be kept neat and tidy at all times. | Beards, moustaches and goatees need to be well groomed and kept closely trimmed. |
| Make-up, false eyelashes and extensions, nail polish and nail decorations | All make-up products, including false eyelashes and extensions, nail polish and nail decorations are not permitted. | Make-up is only appropriate for students when participating in performance programs such as the Elite Dance Troupe. |
| Tattoos | Visible tattoos are not permitted. | Students with an existing tattoo must have it covered at school and when wearing school uniform. |
| Undershirts | Students may not wear a visible undershirt underneath their school uniform. | Students may wear singlets underneath their shirt/blouse but it is to be V-necked so it is not visible. Otherwise, when students need clothing to keep them warm students may wear the jumper or jacket. |

SCHOOL DRESS CODE

Mount Gravatt High has a Dress Code and Standard and students are expected to wear the full, correct school uniform with pride. This is supported and endorsed by the school's Parents & Citizens' Association. When wearing the uniform, students convey a strong message about themselves as well as the high standards set by our school community. Wearing the uniform helps to maintain a positive tone in the school community and ensures that the primary focus is learning. Students are to wear the school uniform to a high standard at all times.

HAT AND SUN SAFETY POLICY

The aims of the Mt Gravatt High School Hat and Sun Safe Policy are to:

- reduce student sun exposure where possible in line with the DET Sun Safety in State Schools Procedures.
- maintain the high standard of uniform.
- be reasonable and fair.

Rationale

Year-round sun protection is important for all children and young people in Queensland as research demonstrates that high ultraviolet radiation (UVR) exposure in childhood and adolescence significantly increases the risk of developing skin cancer.

Our school aims to educate our students about being sun safe in order to develop important, life-long, healthy habits, and acknowledges the important role adults play during and outside school hours to reinforce sun safety with children and young people.

In implementing this policy, our school and community recognise that:

- the policy applies to all school and school-related activities and events;
- the strategies are to be implemented during the whole school day and year-round; and
- a combination of sun safe strategies is more effective than a single approach.

| <i>Element</i> | <i>Strategies</i> |
|------------------------------|---|
| Clothing requirements | <p>Students are required to wear protective clothing, including the Mt Gravatt High School formal hat and sports cap, when outdoors during the school day and during school-related activities (for example, excursions/camps) to reduce students' exposure to the sun, including the following strategies:</p> <p>Hats:</p> <ul style="list-style-type: none"> • All students at Mt Gravatt High are expected to own both a formal hat and sports cap or bucket hat as per the Mt Gravatt Uniform Policy. • Formal hats are to be worn with the formal uniform and Sport or Bucket hats are to be worn with the sports uniform. With the exception of lunch time play on the oval or courts where the expectation is that students wear one of the hat options. <p>Students:</p> <ul style="list-style-type: none"> • Students are expected to have their formal hat at school each day. The exception to this is sport days. Tuesday for Year 7-9 and Wednesday Year 10-12 as well as carnival days when students are expected to have their sports hat. • Students are encouraged to wear the appropriate hat to and from school on a daily basis to reduce sun exposure. • Whilst on school grounds students are expected to wear the appropriate hat when: <ul style="list-style-type: none"> - Moving around between classes and at lunchtimes between areas. - Whilst on the oval, basketball/netball and volleyball courts. - Whilst sitting in an area that does not have complete cover from sun exposure. For example, under a tree, shade shelters etc where sun exposure is still possible. |

| Element | Strategies |
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| | <ul style="list-style-type: none"> • Hats are not expected to be worn when: <ul style="list-style-type: none"> - Students are sitting under a man-made shelter that completely protects them from the sun. For example, building awnings and verandas. - Playing organised sport when a hat reduces visibility or interferes with activity skills and therefore poses a risk to students' safety; or when wearing a hat is not possible because other headwear is required to be worn for safety reasons. Under these circumstances, students may remove their hats for the duration of the activity, ensuring they have applied sunscreen to uncovered skin (ideally 20 minutes) prior to participating. <p>Staff:</p> <ul style="list-style-type: none"> • Staff remind students to wear hats in the above outlined conditions and issue a lunchtime detention if a student is unable to produce their hat and comply with the instruction of placing it on their head. • Staff will send students who are unable to produce their hat from the oval, basketball/netball and volleyball courts at lunch times to an area protected from the sun and issue a detention. • Staff taking students for practical activities will not allow students to participate if they do not have the appropriate school hat. • Staff will conduct hat checks at the start of Period 3 each day and issue detentions to students who do not have their formal hat with them. The exception to this is on sport days where students should have their sport cap or bucket hat with them. <p>Swim shirts:</p> <ul style="list-style-type: none"> • Students are required to wear swim shirts/rash vests during all water-based activities occurring at outdoor venues, except during their race/s at competitions and carnivals. |
| Shade provision and use | <p>Our school maximises the use of available shade for outdoor activities:</p> <ul style="list-style-type: none"> • Sport and physical activities are rotated during the year between the Hall, Courts and the oval. • Temporary shade structures are used as necessary for outdoor events, for example, Athletics Carnival, Cross Country Carnival, Swimming Carnival. |
| Education | <p>Our school provides educational programs on sun safety and preventative measures through the following strategies:</p> <p>Curriculum, teaching and learning</p> <ul style="list-style-type: none"> • Sun safety is formally taught as part of the implementation of the Australian Curriculum through Health and Physical Education • Staff include the risk of exposure to UVR in their curriculum activity risk assessments for outdoor activities, which includes ensuring that adequate shade is available for outdoor activities where possible, for example, using temporary shade structures. <p>Incidental teaching and promoting sun safe behaviours</p> <ul style="list-style-type: none"> • Incidental teaching of personal sun safety strategies occurs in all year levels as part of the school routine on a regular basis, for example, through reminders to students to wear hats and apply sunscreen. |

| Element | Strategies |
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| | <p>Staff professional development</p> <ul style="list-style-type: none"> • Staff are informed about the school's sun safety policy and its requirements on induction. |
| Sunscreen provision | <p>Our school recognises the importance of sunscreen use as a sun safe measure and implements the following strategies:</p> <ul style="list-style-type: none"> • The school supplies SPF 30 or higher broad-spectrum, water-resistant sunscreen for student use. • Parents/carers are encouraged through social media and newsletter items to have their children apply sunscreen before school. • Parents/carers are encouraged to provide sunscreen for their child if they don't wish their child to use the school's sunscreen. |
| Modelling sun safe behaviours | <p>Our school promotes the importance of parents/carers, teachers, ancillary staff, volunteers and other adult supervisors as role models for students using the following strategies:</p> <ul style="list-style-type: none"> • Staff and P&C members are encouraged to consider the use of shade, sun safe hats and clothing, sunglasses and sunscreen when doing their duties, running outside activities, and when on excursions/camps. • Parents/carers are encouraged to have their children apply sunscreen before they come to school and provide personal sunscreen for their children to use at school. |
| Cost considerations | <p>The department provides funding for sun safety using the following strategies:</p> <ul style="list-style-type: none"> • School funding is allocated annually to enable the purchase of sunscreen for each class for the whole school year. • Costs for sunscreen will be recovered in line with the Requests for Voluntary Financial Contributions procedure. |
| Additional strategies | <p>Other strategies our school uses to be sun safe include:</p> <ul style="list-style-type: none"> • Sunscreen stations are set up at sports days and swimming carnivals. |



'Let us seek worthy things'

